



SPORTS PERFORMANCE: SUMMER 2009



REGISTRATION FORM (More than one athlete registering? Please use additional registration form)

Athlete's Name _____ D.O.B. _____

Address _____
Street City Zip

Parent(s) / Guardian(s) _____ FAC # _____

Home Phone _____ Work Phone _____

Cell Phone _____ E-Mail _____

School _____ Grade _____

2009 SPA Summer Session schedule:

| | | |
|------------|----------------------|--|
| Mondays | 8am—10am | 8-9am Speed/Agility/Conditioning, 9-10am Strength/Core/Flexibility |
| Tuesdays | 1:30pm-3:30pm | 1:30-2:30pm Speed/Agility/Conditioning, 2:30-3:30pm Yoga/Core |
| Wednesdays | 8am—10am | 8-9/9:30am Strength/Core, 9/9:30-10am Flexibility/Yoga |
| Thursdays | 1:30pm-3:30pm | 1:30-2:30pm Speed/Agility/Conditioning, 2:30-3:30pm Yoga/Core |
| Fridays | 8am—10am | 8-9am Speed/Agility/Conditioning, 9-10am Strength/Core/Flexibility |

Registration Fee: _____ \$35

Pricing for June OR July:

Circle one: June or July _____ **\$249/members** _____ **\$349/non-members**

\$5.65 per hour/session for 44 hrs of training in June, and \$5.41 per hour/session for 46 hours of training in July for mbrs

Pricing for both June and July:

_____ **June and July** _____ **\$429/members** _____ **\$599/non-members**

\$4.76 per hour/session for members for a total of 90 hours of training

Weekly and Daily prices available: \$99/week or \$35/day for members. Non-members pay regular guest fee's at the front desk along with these prices.

Waiver and Release:

The undersigned, or minor child of the undersigned, desires to voluntarily utilize the services, and, if applicable, facilities and equipment provided by Franco's Athletic Club. As a consideration for the right and privileges of being permitted access to Franco's Athletic Club and if applicable, facilities and equipment, the undersigned does hereby release Franco's Athletic Club, its owners, agents and employees from any and all liabilities of any kind whatsoever arising out of any physical or mental injury or damage incurred or sustained by the undersigned, minor child of the undersigned, or the undersigned's property, while voluntarily preparing to use, using or cleaning up after using, any of the services and applicable facilities and equipment provided by Franco's Athletic Club; and furthermore, agrees to save and hold harmless Franco's Athletic Club, its owners agents and employees for any damages or injuries arising out of the undersigned's, or the undersigned's minor child, use of the facilities, equipment and/or services. The undersigned also acknowledges that photos may be taken for publicity/marketing purposes and gives his/her authorization for any photos of his/herself, or of their minor child, to be used in this fashion.

The undersigned acknowledges and affirms that he or she has carefully read this release and has asked and obtained a satisfactory explanation of any part that he or she does not understand.

Signature of Supervising Parent: _____ Date: _____